

Case Report

Surgery

# Bartholin's Gland Abscess Due to *Haemophilus Influenzae*: Case Report and Literature Review

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## Abstract

Bartholinitis is a common infection of the vulvar region, often polymicrobial in origin. While *Escherichia coli* and sexually transmitted pathogens are usually implicated, *Haemophilus influenzae* is rarely identified. We report a case of bartholinitis caused by *H. influenzae* in a young woman with no notable medical history. This case highlights the need to consider unusual pathogens in bartholinitis and the importance of an appropriate protocol for sample collection and culture.

**Keywords:** Bartholinitis, *Haemophilus influenzae*, Genital infection, Abscess.

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## INTRODUCTION

Acute bartholinitis is a localized inflammation of the Bartholin gland. Cysts and abscesses of this gland represent the most frequent cystic infectious pathology of the vulvar region [1]. The infection generally results from an ascending canalicular contamination, often of vaginal and sexually transmitted origin (*Neisseria gonorrhoeae*, *Chlamydia trachomatis*, *Mycoplasma spp.*) [2]. Other digestive origins may also be involved: Enterobacteriaceae, *Escherichia coli*, *Enterococcus spp.*, or anaerobes [3]. However, bartholinitis cases involving *Haemophilus influenzae* remain extremely rare [4,5]. We report an unusual case of *H. influenzae* bartholinitis in a young immunocompetent woman.

## CASE REPORT

A 35-year-old woman with no significant medical or surgical history was admitted to the gynecology department for febrile vulvo-perineal throbbing pain evolving over two days. Obstetric history included two miscarriages and two full-term deliveries. Clinical examination revealed a 10 cm painful erythematous swelling on the left labia with purulent discharge. Surgical drainage through an incision at the nympho-hymenal sulcus allowed for abscess evacuation and antiseptic lavage. Hematic fluid was drained.

Microscopic examination showed a predominance of neutrophilic polymorphonuclear cells. Gram staining revealed numerous Gram-negative bacilli. Aerobic culture on standard, selective, and enriched media yielded mucoid colonies.

Colony examination confirmed the presence of Gram-negative coccobacilli. Identification using API NH gallery confirmed *Haemophilus influenzae* with a high confidence level (99%). Biological tests showed leukocytosis (17 G/L) and elevated C-reactive protein (CRP: 37 mg/L). Antibiotic susceptibility testing revealed sensitivity to amoxicillin-clavulanic acid, cephalosporins, chloramphenicol, trimethoprim-sulfamethoxazole, fluoroquinolones, and rifampicin. The patient was treated with amoxicillin/clavulanic acid for 10 days, resulting in favorable clinical and biological outcomes.

## DISCUSSION

*Haemophilus influenzae* is a commensal bacterium of the upper respiratory tract belonging to the *Pasteurellaceae* family. It can be responsible for invasive or opportunistic community-acquired infections. Its presence in the genital tract is uncommon but documented [4–6]. Genital infections due to *H. influenzae* are rare, with few reported cases in the

literature. Hall *et al.*, and Guine *et al.*, described isolates from vaginal swabs and cases of pyosalpingitis. Albritton *et al.*, reported a prevalence of genital isolation ranging from 0.3% to 0.5% [4–6]. Bartholinitis can result from de novo infections, superinfection of a pre-existing cyst, or postoperative complications (e.g., vulvovaginal surgery) [7]. Deliveries or episiotomies may lead to obstruction of the Bartholin gland duct, favoring infection [1,8].

Our patient, a multiparous woman, fits this physiopathological context. Pathogens commonly isolated in Bartholinitis include Enterobacteriaceae and anaerobes, while gonococci are more frequently involved in bilateral cases [2,3]. The isolation of *H. influenzae* should prompt the use of enriched culture media and its consideration in atypical vulvar infections.

## CONCLUSION

Bartholinitis caused by *Haemophilus influenzae* is a rare and probably underdiagnosed entity. It emphasizes the importance of a rigorous microbiological workup, including the use of enriched and selective media. Recognition of this organism is crucial for appropriate antimicrobial therapy and for preventing treatment failures.

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